



## Interpretive Program Options Sunol-Ohlone Regional Wilderness

STUDY TRIP PROGRAM DESCRIPTIONS	GROUP/ GRADE	PROGRAM LENGTH
<b>NATURAL HISTORY PROGRAMS</b>		
<p>In addition to those listed below, Naturalists can develop customized programs to cover a variety of topics addressing current State Curriculum Standards, from the life of a butterfly to the structure of the solar system. Please contact the visitor center for details.</p>		
<p><b>Introduction to Sunol Wilderness</b> A brief introduction to the park, its rules, history and plants and animals. Additional time can be spent exploring the visitor center.</p>	<b>All grades</b>	<b>1-2 hrs.</b>
<p><b>The Nature of the Land: Nature Walk</b> Can be tailored to cover topics on most areas of natural history being covered in your classroom, including seasonal patterns, wildflowers and pollination, animal homes and adaptations, bird life, and more.</p>	<b>All grades</b>	<b>1-2 hrs.</b>
<p><b>The Nature of the Land: Adventure Hike</b> A trail hike, with minimal introduction, leading the group to historically, naturally and/or geologically significant sites such as: Little Yosemite (2-3 hrs.) or Indian Joe Cave Rocks (2-4 hrs.).</p>	<b>3rd and up</b>	<b>2-4 hrs.</b>
<p><b>Stream Study (April to October only)</b> An investigation of Alameda Creek, its physical properties and inhabitants. A group introduction will be followed by a walk in smaller groups to explore, identify, catch and release creek wildlife.</p>	<b>3rd and up</b>	<b>2 hrs.</b>
<p><b>Stream Investigation (April to October only)</b> A basic introduction to stream ecology with dipnets.</p>	<b>K-2nd</b>	<b>1-2 hrs.</b>
<p><b>Astronomy: Third Rock from the Sun</b> A hike to explore the interaction of sunlight, shade and the natural world, with hands-on activities investigating the sun, solar system (including earth's place), changing views of the universe and the night sky. Night hikes, evening stargazing and moon-watching programs at the park may be arranged.</p>	<b>All grades</b>	<b>1-4 hrs.</b>

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<p><b>Geology: If Rocks Could Talk</b></p> <p>A hike and hands-on activities explore local rock types, an earthquake fault trace, landslides and other erosional and depositional features, fossils and other geologic phenomena.</p>	<p><b>All grades</b></p>	<p><b>1-4 hrs.</b></p>
<p><b>Weather or Not</b></p> <p>A hike and hands-on activities investigate the seasons, water cycle, weathering, landforms, climate and how they all determine patterns of vegetation and wildlife habitat.</p>	<p><b>All grades</b></p>	<p><b>1-4 hrs.</b></p>
<p style="text-align: center;"><b>CULTURAL HISTORY PROGRAMS</b></p> <p>In addition to those listed below, Naturalists can develop customized programs to cover Sunol's human history from pre-Columbian times to today. Please contact the visitor center for details.</p>		
<p><b>California Native Americans</b></p> <p>Trace the ways in which the local Ohlone, Miwok and Yokuts used their immediate resources and modified their physical environment in the days before European contact. Includes an introduction to historical artifacts; a walk to explore significant geological, plant and animal resources; hands-on games and other activities.</p>	<p><b>3rd and up</b></p>	<p><b>2-4 hrs.</b></p>
<p><b>California History</b></p> <p>Using period clothing to create a human timeline, children will trace the history of settlers in the park from the Indians through the Mission, Rancho and American settlement periods to the present day. On a history walk, students will also look for and investigate uses of artifacts and discover evidence in the landscape of previous human occupation. Also includes hands-on activities related to distinct periods during the park's history. A longer history hike may be substituted for the timeline and other activities.</p>	<p><b>3rd and up</b></p>	<p><b>2-4 hrs.</b></p>
<p style="text-align: center;"><b>CAMPING</b></p> <p>Program formats can sometimes be accommodated to include groups staying overnight in our School Camp area. <b>Fee: \$35/night for up to 45 people for residents of Alameda and Contra Costa counties (non residents of \$70/night).</b> Call for reservation: (925) 862-2601.</p>		
<p style="text-align: center;"><b>OTHER SITES:</b></p> <p>The Sunol staff also serves other local regional parks. Ask about our occasional programs at Shadow Cliffs Regional Recreation Area, Pleasanton Ridge Regional Park, Las</p>		

Trampas Regional Wilderness, Del Valle Regional Park and Brushy Peak Regional Preserve.