



POPCORN

This organic popcorn was grown and harvested here at Ardenwood Historic Farm.

Popping Instructions

Microwave: Place a whole ear or ½ cup of popcorn kernels in a paper bag. Use your oven's popcorn setting or cook on High for 2½ - 3 minutes. Listen for the corn to stop popping and REMOVE IMMEDIATELY or the popcorn will burn.

Conventional Methods: Place ½ cup of popcorn in a pan with 2 tablespoons of oil. It also does well in air poppers.

East Bay 
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