

Welcome to Lake Temescal

HISTORY Prior to 1868, Lake Temescal did not exist. The Costanoan Indians utilized the creek we know today as Temescal Creek. Franciscan missionaries named the creek "Temescal," a name derived from two Aztec words: *Tema* (to bathe) and *cali* (a house). In 1868 hydraulic engineer Anthony Chabot constructed a dam to create a reservoir for the then "tiny town" of Oakland. By 1870 Temescal was replaced by other larger water reserves. In 1936 Lake Temescal, one of the East Bay Regional Park District's three original parks, opened as a recreation area. Today this scenic gem is a favorite for swimming, sunbathing, picnicking, fishing, jogging, and hiking.

The 48-acre park boasts a 13-acre lake, 10 acres of turf, a beautiful rose garden, and lush growth of native and ornamental plants including live oak, willow, laurel, thimbleberry, ninebark, hazelnut, ferns, blackberry, toyon, and poison oak.

THE HAYWARD FAULT, which runs through the center of the park, has created sags or depressions along the course of Temescal Creek. The lake was created in this rift valley when the creek was dammed in 1868.

Traces of fault movement are visible at the south end of the tunnel entrance to the park, off Broadway Terrace, and in the walkway in the form of Reidel pavement shearing in front of the Kiwanis Building at the south end of the park. The Kiwanis Building is a historic rock structure built by the Works Progress Administration.

DOGS must be on leash in Temescal Regional Recreation Area, and are not allowed in the lake, stream, or beach area. Plastic mitts are available along trails for cleanup.

BICYCLE RESTRICTIONS apply within the park. Please observe posted restrictions. Bicycles must stay on the paved East Shore Trail or on the paved bike path along the park's eastern boundary, and riders must observe the 5 mph speed limit. During the summer swim season (April-September) bicycles must be walked through the swim beach area.

BEACH HOUSE This 1,400+ square foot, ADA-accessible facility is available for conferences, meetings, weddings, etc. For information or for a facility tour, see www.ebparks.org or call (510) 544-3164.

POLICE, FIRE, MEDICAL EMERGENCY9-1-1
EBRPD HEADQUARTERS 1-888-EBPARKS
PICNIC RESERVATIONS, BEACH HOUSE RENTAL
..... 1-888-EBPARKS, option 2, then 1
PARK OFFICE 1-888-EBPARKS, option 3, ext. 4561
WEB SITE www.ebparks.org
TDD (510) 633-0460

PARKLAND RULES

Welcome to your regional parklands. Help protect park resources and ensure an enjoyable visit for everyone by complying with these rules and any posted regulations. The Park District's Ordinance 38, which is summarized below, lists specific rules for use and protection of regional parklands. Violators will be subject to citation or arrest. For further information, ask a Park Ranger, Public Safety Officer, or telephone (510) 881-1833.

PARK GATES ARE OPEN to the public during hours posted at the park entrance. Unless otherwise posted, CURFEW is between the hours of 10 p.m. and 5 a.m., except for persons possessing a permit to remain on parklands.

MOTOR VEHICLES are restricted to designated parking areas and paved public roads.

BICYCLES may be ridden on designated bicycle trails, and on fire or service roads, unless otherwise posted. Bicycles are not permitted, either ridden, walked or carried, in areas posted "No Bicycles," or on narrow hiking trails. State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. Riders should call out or sound a warning when overtaking other trail users.

DOGS must be leashed (six-foot maximum) and under control at any posted area, parking lot, picnic site, lawn or developed area. No dogs or other animals are permitted at any swimming pool, beach, wetland, marsh, or in Lake Temescal. Owners must always carry a leash (six-foot maximum). Dogs may not be off-leash anywhere in Lake Temescal Regional Recreation Area. Dangerous animals are not allowed in the parks. Please dispose of your dog's waste by placing it in a garbage can. Persons who walk more than three dogs at a time on Regional Parks trails must obtain a permit; please call (510) 690-6508 for information.

SVIMMING, WADING and other water contact activities are permitted only in designated areas. **DIVING** is not permitted in Lake Temescal. **SCUBA diving** is prohibited in any District lake or inland waters.

BOATS, KAYAKS, CANOES, or other watercraft are not permitted in Lake Temescal.

PLANTS, ANIMALS, GEOLOGIC, ARCHAEOLOGIC OR HISTORIC OBJECTS are protected by law. Please do not disturb or remove any of these features.

HELP PROTECT OUR PARK WILDLIFE by not releasing or feeding ducks, cats or other animals. Do not feed wild park animals; enjoy them from a distance.

FIRES are permitted in barbecue pits or personal cooking equipment in designated picnic areas or irrigated turf areas only, placed at least 30 feet from flammable materials. Please do not place hot coals on the ground or in a garbage can. Dispose of hot coals or other burned fuel in barbecue pits or in designated hot coal disposal receptacles.

FIREWORKS are not permitted in any regional park.

CAMPING is not permitted within District parklands without a permit. A state license is required to **FISH** at all regional parks. A District fishing permit is also required when posted.

ALCOHOLIC BEVERAGES are not permitted at pools, swim beaches or within 50 feet of paved roads, parking lots or posted areas. Beverages are not allowed on the beach lawn. Otherwise, beer and wine are permitted at picnic areas and elsewhere on parklands.

GAMES and ACTIVITIES, including model rockets, model airplanes, model boats, hang gliding, golf and other activities with potential risk to property or park visitors are not permitted at Temescal Regional Recreation Area. **ASSEMBLIES, PERFORMANCES, SPECIAL EVENTS** or similar gatherings require a permit; call (510) 636-1684.

Please be considerate of other park visitors if you use a **RADIO**. A permit is required for **AMPLIFICATION** of voice, music or other sounds.

FIREARMS or **BOWS AND ARROWS** are not permitted on regional parklands except at established ranges. Crossbows, spears, slingshots, air pistols or rifles, and other dangerous weapons are prohibited anywhere on regional parklands.

PARK VISITORS are responsible for knowing and following park rules.



To Reach Lake Temescal:

Temescal is located next to the Highway 24/Highway 13 interchange in Oakland. Ample parking is available at the north end of the park, accessible from Broadway. Limited parking is available at the south end, accessible from Broadway Terrace. To reach the larger north end lot from the south end, drive east on Broadway Terr., go under Highway 13 and turn left onto the Highway 13 on ramp. Transition onto Highway 24 east (Walnut Creek), exit at Old Tunnel Road, and turn right at the exit onto Broadway and proceed west to the north end parking lot entrance on the left.

Public Transit—Take AC Transit bus #59 from the 19th Street BART station or the Lake Merritt BART station to the south end entrance on Broadway Terrace. Call to confirm bus schedule—AC Transit: 511 or 817-1717; TDD/TTY: 800-448-9790; ParaTransit: 510-287-5000.

If you would like this information in an alternative format, please contact the EBRPD Public Affairs Department at (510) 544-2200, fax (510) 635-3478, TDD (510) 633-0460, or info@ebparks.org.



East Bay Regional Park District

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Temescal

Regional Recreation Area

East Bay
Regional Park District

