

Parkland Rules

Welcome to your Regional Parklands. Help protect park resources and ensure an enjoyable visit for everyone by complying with these rules and any posted regulations. Violators will be subject to citation or arrest. For more information, ask a Park Ranger, or telephone (925) 757-0404.

PARK GATES ARE OPEN to the public during hours posted at the park entrance. Unless otherwise posted, **CURFEW** is between the hours of 10 p.m. and 5 a.m., except for persons possessing a permit to remain on parklands.

MOTOR VEHICLES are restricted to paved public roads and designated parking areas only. Vehicles must exit at posted gate closure hours.

BICYCLES may be ridden on designated bicycle trails, and on fire or service roads, unless otherwise posted. Bicycles are not permitted, either ridden, walked or carried, in areas posted "No Bicycles," or on narrow hiking or narrow equestrian trails. State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. Riders should call out or sound a warning when overtaking other trail users.

DOGS must be leashed (six-foot maximum) and under control at any posted area, parking lot, picnic site, lawn, or developed area. No dogs or other animals are permitted at any swimming pool, beach, wetland or marsh. Owners must always carry a leash (six-foot maximum). Dogs may be off-leash in open space and undeveloped areas of parklands, provided they are under control at all times. Dangerous animals are not allowed in the parks. Please dispose of your dog's waste by placing it in a garbage can. Persons who walk more than three dogs at a time on Regional Parks trails must obtain a permit; commercial dog walkers are required to obtain a permit regardless of how many dogs they walk at one time (limit of six). Please call (510) 690-6508 for information. **DOGS** are not allowed in the lake.

SWIMMING, WADING and other water contact activities are prohibited in the lake. The swim lagoon is open seasonally Memorial Day through Labor Day. **DIVING** is not permitted. **SCUBA** diving is prohibited in any District lake or inland waters unless authorized by the District.

PLANTS, ANIMALS, GEOLOGIC, ARCHAEOLOGIC OR HISTORIC OBJECTS are protected by law. Please do not disturb or remove any of these features.

HELP PROTECT OUR PARK WILDLIFE by not releasing or feeding ducks, cats or other animals. Do not feed wild park animals; enjoy them from a distance.

FIREWORKS are not permitted in any Regional Park.

FIRES are permitted in barbecue pits or personal cooking equipment in designated picnic areas or irrigated turf areas only, placed at least 30 feet from flammable materials. Please do not place hot coals on the ground or in a garbage can. Dispose of hot coals or other burned fuel in barbecue pits or in designated hot coal disposal receptacles.

CAMPING is not permitted within District parklands without a permit. **FISHING** requires a state fishing license, and a District Daily Fishing Access Permit is required when posted.

ALCOHOLIC BEVERAGES are not permitted in Contra Loma Regional Park.

GAMES and ACTIVITIES, including model boats, model rockets, model airplanes, hang gliding, golf, and other activities with potential risk to property or park visitors are not permitted. **ASSEMBLIES, PERFORMANCES, SPECIAL EVENTS**, or similar gatherings require a permit.

Please be considerate of other park visitors if you use a **RADIO**. A permit is required for **AMPLIFICATION** of voice, music or other sounds.

FIREARMS or BOWS AND ARROWS are not permitted on Regional Parklands except at established ranges. Crossbows, spears, slingshots, air pistols, or rifles, and other dangerous weapons are prohibited anywhere on Regional Parklands.

PARK VISITORS are responsible for knowing and following park rules.

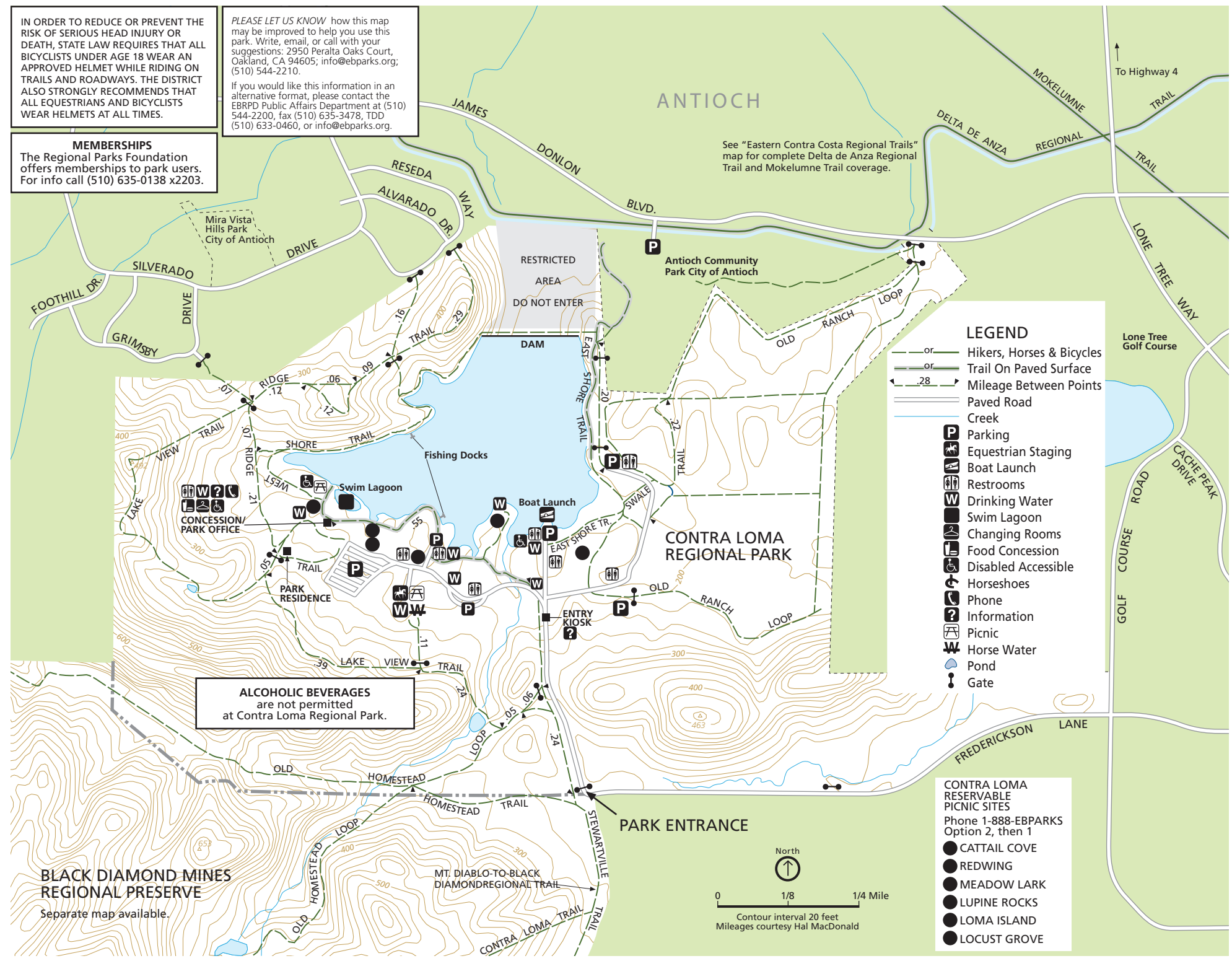
IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

PLEASE LET US KNOW how this map may be improved to help you use this park. Write, email, or call with your suggestions: 2950 Peralta Oaks Court, Oakland, CA 94605; info@ebparks.org; (510) 544-2210.
If you would like this information in an alternative format, please contact the EBRPD Public Affairs Department at (510) 544-2200, fax (510) 635-3478, TDD (510) 633-0460, or info@ebparks.org.

MEMBERSHIPS
The Regional Parks Foundation offers memberships to park users. For info call (510) 635-0138 x2203.

ALCOHOLIC BEVERAGES are not permitted at Contra Loma Regional Park.

BLACK DIAMOND MINES REGIONAL PRESERVE
Separate map available.



See "Eastern Contra Costa Regional Trails" map for complete Delta de Anza Regional Trail and Mokelumne Trail coverage.

- LEGEND**
- or — Hikers, Horses & Bicycles
 - or — Trail On Paved Surface
 - ← .28 → Mileage Between Points
 - Paved Road
 - Creek
 - P Parking
 - E Equestrian Staging
 - B Boat Launch
 - R Restrooms
 - W Drinking Water
 - SW Swim Lagoon
 - CR Changing Rooms
 - FC Food Concession
 - DA Disabled Accessible
 - H Horseshoes
 - PH Phone
 - IN Information
 - PI Picnic
 - HW Horse Water
 - Pond
 - Gate

- CONTRA LOMA RESERVABLE PICNIC SITES**
Phone 1-888-EBPARKS Option 2, then 1
- CATTAIL COVE
 - REDWING
 - MEADOW LARK
 - LUPINE ROCKS
 - LOMA ISLAND
 - LOCUST GROVE

